A time of rapid physical, psychological and cognitive changes, when gender norms and identity are being shaped.

Girls report experiencing stress, shame, embarrassment, confusion and fear due to a lack of knowledge and inability to manage their menstruation.

Boys report feeling low self-esteem and feeling out of control of events in their lives, which manifests itself through unhealthy behaviours.

Girls in a study in Ghana reported sometimes missing school due to menstruation.

95% of girls in a study in Ethiopia reported reduced performance at school.

39% of girls on average know nothing about menstruation until menarche.

Nearly 600 million children in primary school. In low-income countries, only 54% of all children transition to secondary school.

29 million primary school teachers trained & supported, can build the knowledge and skills necessary for learners to lead healthier lives.

Connect them to HEALTH services!

Provide a HEALTHY and SAFE PHYSICAL and SOCIAL ENVIRONMENT!

Higher quality education and a HEALTHIER LIFE

Increased knowledge
Increased self-confidence & emotional coping
Better decision-making skills
Better social skills
Positive gender attitudes

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Educate ALL learners about puberty!

Positive outcomes:

** Increased knowledge
** Increased self-confidence & emotional coping
** Better decision-making skills
** Better social skills
** Positive gender attitudes

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WHAT CAN THE EDUCATION SECTOR DO?

WHY FOCUS ON PUBERTY?

WHAT DOES IT MEAN FOR GIRLS?

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