

“YOUTH VISIONING” Report for Training of Trainers

1. Title of project: Training of trainers (TOT) in the framework of the “youth visioning project” for vulnerable youth grouped in the ANFEN(network

2. Training

i) Coordinator: Dr Farida OODALLY

ii) Partners/resource persons:

- Mr Samioullah Lauthan: social worker and trainer engaged in training of vulnerable youth
- Miss Marie Ursule Ladine: director and social worker engaged with the rehabilitation of female sex workers and female injecting drug users including those who are HIV positive
- Renganaden Ramasamy: president of “Vivre Plus” NGO working for the welfare of People Living with HIV/AIDS for sharing live experience of drug use, imprisonment, unprotected sex

3. Methodology

- Findings from the medico-social assessment of youth in the ANFEN network regarding vulnerabilities of the youth and their parents were used as a guide.
- The project was explained to all directors of centres of the ANFEN network at a director’s meeting held on 22nd August 2012 followed by general discussion.
- The objective of the project was explained and modalities of implementation discussed.
- Those directors who could join the project were requested to enlist themselves and send their list of trainers, giving priority to young trainers as far as possible: **5 centres were enlisted**
- A highly participative interaction ensued regarding the contents of the training and a further request of topics was sent to those who agreed to join this first TOT. Given the length of the training course a prioritization of topics was done.
- Dates for the training were finalized based on oncoming events including preparation of students for their end of year “second chance” certificate of primary education examination : 6 full training days were retained.
- Simplified pedagogical methods were discussed and
- Simplified training structure adopted as below:

Under each theme, the curriculum has the following structure/ Sous chaque thème, la formation a la structure suivante:

- _ Theme/topic: Thème/sujet
- _ Overall objective(s): Objectif général

- _ Sessions: Sessions
- _ Session objectives: Objectif(s) de la session
- _ Training methodology: Méthodologie de la formation
- _ Training materials: matériel de formation
- _ Duration: Durée de la session/formation

4. Implementation of Training of Trainers Course

Meeting and discussion with resource persons and partners regarding topics, modalities and availability.

➤ **Different modalities were used:**

- Brainstorming,
- group work,
- Narration and discussion on ongoing event involving HIV infection, stigma, teenage pregnancy, IV drug use...
- Powerpoint presentation
- Questions and Answers

➤ **Sources of information provided:**

- Hand-outs
- CD-Rom from UNFPA on Sexual and Reproductive Health
- Manual from UNODC(with contribution from Mauritian counterparts) on drug addiction and counseling: A practical guide

➤ **Dates of training and details: See annex 1**

5. Results and way forward:

1. Five centres sent their resource persons to be trained: 15 persons trained

Advice was given for centres who still did not have logistics to acquire laptops and projectors through request from their usual stakeholders as it was agreed that visuals would be important in the training to catch and maintain the attention of the young target group. In the meanwhile, the project would acquire a laptop and a projector for resource persons and supervisors supporting the trainers engage in the youth training.

This TOT, it is hoped can be extended to the remaining centres over the 2 coming years in modalities to be discussed with the centre directors.

Three suburban centres around the capital have decided to join hands together and share logistics for the youth training: 1. Teen Hope Goomany ; 2. DLD Teen Hope; 3. Fraternité Nord Sud

2. Each centre/group of centres will prepare their training, send ANFEN their calendar of activities and their request for required support. Supervision will also be carried out to support the young trainers of the 5 centres.
3. Calendar of support will be reviewed and adjusted so that the training coordinator/resource person can attend and provide support.
4. Training calendar for each centre may need to be readjusted according to availability of resource person
5. Adoption of a simple training structure: guideline discussed
6. Discussion on way forward and modalities of productions at the end of the youth training: role play, slam, poem, song have been retained so far but add-ons are possible.

Date	Time	Topic	Resource person
17 September 2012	9.30- 10.30 10.45 -12.30	Introduction HIV/AIDS: Epidemiology, types of epidemics modes of transmission and associated risks Situation in the world and in Mauritius and the different issues: available statistics and discussion Question & Answers (Q&A)	Dr F.Oodally
	13.00-15.30	Post-Exposure Prophylaxis Universal Precautions and Protection measures at school HIV/AIDS and Human Rights Stigma and Discrimination (S&D) Question & Answers (Q&A)	Dr F.Oodally
24 September 2012	9.30- 10.15 10.15- 12.00	Importance of HIV testing Follow-up and treatment of HIV/AIDS HIV/AIDS Act and S&D Sexual and Reproductive Health: Understanding Sexuality: adolescent needs Question & Answers (Q&A)	Dr F.Oodally
	12.30 – 14.00 14.15- 15.30	Sexual and Reproductive Health: Teenage Pregnancy and associated issues in the Mauritian context	Dr A.Saumtally Dr F.Oodally

		Complications of Abortion and Law on abortion Contraception Vulnerabilities of youth and the adolescent girl Sexual abuse/rape and issues around occasional “Transactional Sex Work” Brief discussion on pornography: myths Question & Answers (Q&A)	
Date	Time	Topic	Resource person
5 October 2012	9.30 – 12.00	STIs: introduction Most common ones Services available Treatment available Question & Answers (Q&A)	Dr F.Oodally
	12.30- 3.30	Some pedagogical methods: Mind-mapping: Examples given on hygiene and communication Classwork on HIV/AIDS & SRH	Dr F.Oodally
8 November 2012	9.30- 10.30 10.45-12.00	Drug addiction Peer Pressure Question & Answers (Q&A)	Mr Samiullah Lauthan
	12.30- 2.15	Temoignage/live witness by 2 young adults on the difficulties faced during adolescence and young adulthood: Drug addiction, un protected sex, police issues, imprisonment, discovering their HIV seropositivity Questions & Answers	Mr Renganaden Ramsamy & Mr Nicolas Manbot
	2.30- 3.30	Temoignage on adolescent girl’s vulnerability and difficulties encountered by these girls during rehabilitation (relapse, indiscipline, non-compliance with medication, inability to cope with a more disciplined life Questions & Answers	Miss Marie-Urcile Ladine

Date	Time	Topic	Resource person
23 November 2012	9.30 – 10.30	Recap of major topics	Dr F.Oodally
	10.30- 12.00	Conflict Management: presentation and group work	Mr Samiullah Lauthan
	12.30- 3.30	Pedagogical Methods/teaching modalities Getting ready for the youth training: Discussion Topics to be prepared for presentation in January 2013: SRH, HIV/AIDS and STIs, Stigma & Discrimination in HIV/AIDS	Dr F.Oodally
8 January 2013	9.30- 10.30	Learning-Teaching Modalities: Getting ready for the youth training Quiz on HIV/AIDS Discussion on Pre and Post Test Ice-Breaking module	Dr F.Oodally
	10.45- 12.00	Discussion on CD contents and how they can be used to prepare training of adolescent trainees Discussion on group preparations	Dr F.Oodally
	12.30- 2.15	Discussion on group preparations (cont.) Adoption of a simple training structure: guideline discussed Discussion on way forward Modalities of productions at the end of the youth training discussed	Dr F.Oodally